

## WHY ISO-RUSH?

ISO-RUSH is derived entirely from premium rGBH Free (hormone free), Cross Flow Micro-Filtered (CFM) whey protein isolate. During manufacturing, micro-filtration separates lactose and minerals from the protein. We then use a special enzymatic process to reduce the remaining low level of lactose to its component sugars.

The result is a completely undenatured and fully bioactive protein that is lactose-free and easy to digest.



## WHAT'S THE RUSH?

Plain and simple, ISO-RUSH is the purest and highest quality protein available for building muscle and speeding up recovery with immediate, ultra-fast protein absorption.

- ✓ 27g of 100% pure and fast-absorbing whey protein isolate per scoop
- ✓ 120 calories per serving
- ✓ Low in fat
- ✓ Low in carbs
- ✓ Low in sodium
- ✓ Free of lactose, sugar, and gluten
- ✓ No added aminos or fillers
- ✓ Easily digestible
- ✓ Mixes well in your favorite beverages
- ✓ Tastes DELICIOUS!

[www.MammothSupplements.com](http://www.MammothSupplements.com)

## BUILD YOUR OWN STACK

With a wide variety of products available from Mammoth, you can improve your results and physique by stacking ISO-RUSH with other Mammoth products. Go to [mammothsupplements.com](http://mammothsupplements.com) to check out all of our cutting-edge products.

The amazing benefit of supplementing with ISO-RUSH is that you can literally create every stack under the sun because it's a high-quality protein powder that goes with just about everything. EAAs, fat burners, BCAAs, creatine, glutamine... all go with ISO-RUSH. Protein is a vital component of every fitness program and needs to be present in your supplement regimen – even if only used for post-workout recovery.

Here are some amazing stack possibilities to help you maximize your efforts and results:



## WHAT'S EVERYONE SAYING?

We take great pride in hearing consumer feedback. Understanding the wants and needs of our customers is extremely important to us as we want to release products YOU want based on YOUR needs. Here's what a few people have said recently about Mammoth ISO-RUSH.



"I have always found it difficult getting in my protein requirements when training and having a strict diet. Having a busy life with fitness and work, I try to meal prep on a regular basis but that can get boring

and time consuming. ISO-RUSH has helped me add some variety to my daily meal plans and being a clean isolate, it doesn't leave me bloated like some of the other protein powders I've tried."

**Natalie Gonzalez** - Fitness Competitor

"To lift as heavy as I do and to maintain and build my strength, I constantly needed to take in multiple protein shakes per day but found they all gave me gas and left my stomach feeling upset. When I tried ISO-RUSH I had none of those symptoms. ISO-RUSH is my new favorite protein powder to help me put on the size I need."

**Cass White** - Power Builder & Mammoth Freak



"As an IFBB Pro, my protein intake is one of the single most important components to my diet. With ISO-RUSH I know that I am getting 100% Whey ISOLATE. I can't afford to take an Isolate that uses blends or spikes their protein with ingredients

that are not part of my program. This becomes especially important during my contest prep. ISO-RUSH tastes great and is easily digestible, I highly recommend it."

**Isaac Baier** - IFBB Pro



AWESOME TASTE



ADVANCED  
100% WHEY PROTEIN  
ISOLATE



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## WHO USES ISO-RUSH?

We specifically formulated ISO-RUSH so that it can be used by anyone – regardless of your goals. Men, women, professional athletes, and weekend warriors alike can utilize this ultra-premium whey protein isolate to achieve their health and fitness goals.



Whether you're trying to improve your performance for a sport, lose weight, put on quality muscle, or simply maintain your current weight, ISO-RUSH is your go-to whey protein isolate powder. With the highest-quality ingredients used, you can feel confident knowing that if you're doing your part in the gym, ISO-RUSH will do its part to supply your muscles with the nutrients needed to recover properly and get you one step closer to achieving success.



(2Lb / 5Lb)

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## WHY CHOOSE AN ISOLATE [ISO-RUSH]



When looking at protein powder, it's easy to get confused by the various sources. Yet, when people demand the highest-quality protein powder available to help achieve their physique goals, whey protein isolate reigns supreme. With the fastest and highest absorption rate, whey protein isolate is quickly and easily broken down and absorbed by the body. ISO-RUSH in particular was specially engineered to avoid gastric issues that can arise from some less expensive protein sources. When fast results are what you're after a whey protein isolate like ISO-RUSH is the perfect option.

## TASTE THE RUSH!

Flavour is just as important to you as it is to us. After all, we enjoy using the products we produce just as much as you do. For that reason, we spent a lot of time testing and perfecting the taste of ISO-RUSH to get it just right. With 4 amazing flavours to choose from, you'll never get bored and will have your taste buds thanking you. Why settle for something you don't enjoy or look forward to drinking? With ISO-RUSH, you'll consider it a treat and will be craving your next protein shake.

## 4 DELICIOUS FLAVOURS



Vanilla  
Ice Cream

Rich  
Chocolate

Chocolate  
Peanut Butter

Cookies  
& Cream

## WHEN SHOULD YOU USE ISO-RUSH?

In one word... **ANYTIME!** What's great about the ISO-RUSH formula is that it can be used in the morning, afternoon, or at night – literally whenever you need protein to fulfill your requirements for the day.

One of the best ways to use ISO-RUSH is post-workout to kickstart the recovery process. Due to the nature of the premium cross flow micro-filtered whey isolate, you will be able to absorb the protein into your system and shuttle the nutrients out to the working muscles extremely quickly.

### You can use ISO-RUSH:

- POST-WORKOUT
- BETWEEN MEALS AS A HIGH-PROTEIN SNACK
- ANYTIME NEEDED TO MEET YOUR PROTEIN REQUIREMENTS

### ISO-RUSH is great for:

- BUILDING LEAN MUSCLE
- BULKING
- CUTTING
- MAINTAINING WEIGHT

## TRICKS ARE FOR KIDS NO AMINO SPIKING

In a world where everyone is looking for shortcuts, At Mammoth we pride ourselves on being fully transparent. After all, you should be able to trust and feel comfortable with the brand you are purchasing and using. We don't hide behind proprietary blends and we certainly don't engage in unethical practices such as amino spiking our protein to fluff the numbers.

When we say you get 27g of protein per scoop, it's 27g of 100% pure whey protein isolate. In fact, we take things one step further and we actually break down the full amino acid spectrum on the label.

### Mammoth ISO-RUSH contains:

- ✓ No fillers
- ✓ No amino spiking
- ✓ No lower grade protein blends

## NUTRITIONAL INFORMATION



### Nutrition Facts Valeur nutritive

(Vanilla Ice Cream flavour)

Serving Size: 1 Scoop (33 g) / Portion: 1 mesure (33g)

Amount / Teneur	% Daily Value* / % valeur quotidienne*
<b>Calories 130</b>	
<b>Total Fat / Total des lipides 0.5 g</b>	<b>1%*</b>
Saturated Fat / Lipides saturés 0 g	0%*
+Trans Fat / Lipides trans 0 g	0%*
<b>Cholesterol / Cholestérol 15 mg</b>	<b>5%</b>
<b>Sodium / Sodium 90 mg</b>	<b>4%</b>
<b>Total Carbohydrate / Total de glucides 1 g</b>	<b>0%*</b>
Dietary Fiber / Fibres alimentaires 0 g	0%
Sugars / Sucres 0 g	
<b>Protein / Protéine 27 g</b>	
Potassium / Potassium 144 mg	4%
Calcium / Calcium 127 mg	10%
Iron / Fer 0 mg	0%
Alanine / Alanine	2309 mg **
Arginine / Arginine	487 mg **
Aspartic Acid / Acide aspartique	2796 mg **
Cystine / Cystine	725 mg **
Glutamic Acid / Acide glutamique	4734 mg **
Glycine / Glycine	496 mg **
Histidine / Histidine	339 mg **
Isoleucine / Isoleucine	1617 mg **
Leucine / Leucine	2295 mg **
Lysine / Lysine	2424 mg **
Methionine / Méthionine	885 mg **
Phenylalanine / Phénylalanine	785 mg **
Proline / Proline	1583 mg **
Serine / Sérine	1962 mg **
Threonine / Thréonine	1689 mg **
Tryptophan / Tryptophane	173 mg **
Tyrosine / Tyrosine	571 mg **
Valine / Valine	1134 mg **
<b>Each scoop (33 g) contains:</b>	
Whey Protein Isolate 31 g	
<b>Chaque mesure (33 g) contient:</b>	
Isolat de protéine de petit-lait 31 g	

\*Percent Daily Values are based on a 2,000 calorie diet.  
Les valeurs en pourcentage sont basées sur un régime alimentaire de 2000 calories.  
\*\*Not established.  
Non établi.



\*Available in a single serve